A5 Z Fold
(Flat size 210mm x 148mm)
(Folded to 70mm x 148mm)

Bleed Area: The bleed area extends out 3mm from the edge of your finished document. All images or colour that print to the edge of your document should be extended into this area to avoid the chance of any white areas appearing. Do not place any content that you wish to appear in your document in this area as it will be trimmed off.

Non-Text Area: Avoid putting any text 3mm from the edge of the document or 3mm from the fold. Text placed in this area will run very close to the edge of the document and could possibly get trimmed off. If possible also avoid using any thin borders in this area as you may get inconsistent thickness.

Trim Area: This is the finished size of your document. Anything placed outside of this area will be trimmed off.

Fold Line: This is the fold line for your document. Keep all text at least 3mm away from this line.

How to create your print ready PDF:
File > Save As > Format > Adobe PDF >
Adobe PDF preset > PDF/X-1a 2001 >
Marks and bleed >
Select "film marks"
Set all "bleeds" to 3mm

Layout:

Outside Left | Outside Middle | Front

Inside Left | Inside Middle | Inside Right

printed.com - click print deliver